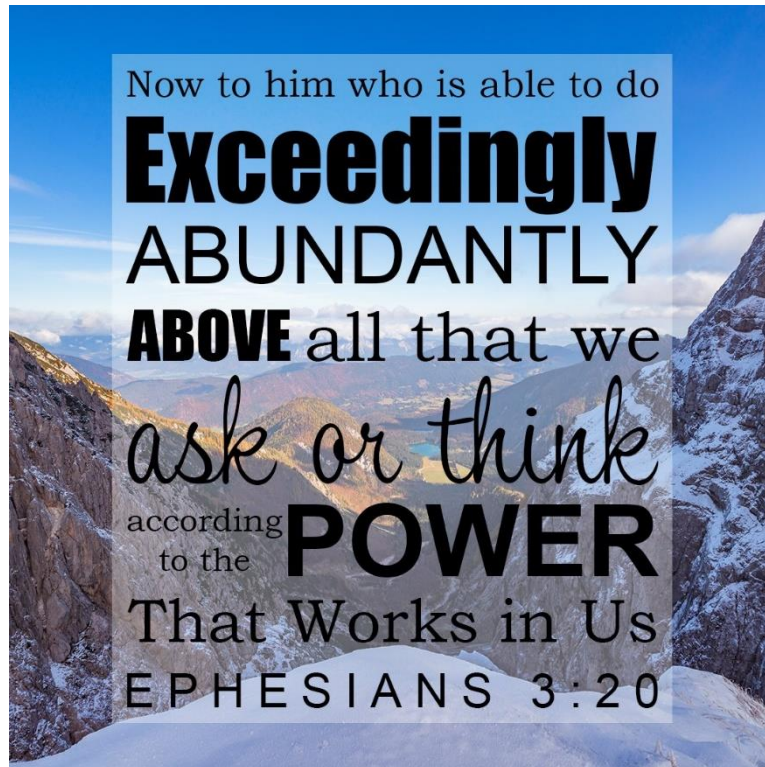


# EPHESIANS



## STUDY GUIDE

by

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Tyngsboro Church of Christ

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# Table of Contents

How to Use This Guide.....	3
Class Schedule.....	3
Background.....	4
Key Themes .....	7
Outline .....	8
<b>Prologue:</b> The Church at Ephesus is Established (Acts 18-20) .....	9
Ephesians Chapter 1: .....	10
• Introduction	
• Paul’s Prayer of Thanksgiving	
Ephesians Chapter 2: .....	12
• Salvation by Grace Through Faith	
• Unity and the Peace of Christ	
Ephesians Chapter 3.....	13
• Revelation of the Gospel Mystery	
• Paul’s Prayer for Strength and Insight	
Ephesians Chapter 4.....	14
• Unity of the Body of Christ	
• Paul’s Testimony	
• Exhortation to an Edifying Lifestyle	
Ephesians Chapter 5.....	15
• New Life in Love	
• Submission to One Another	
Ephesians Chapter 6 .....	16
• The Whole Armor of God	
• Conclusion	
<b>Epilogue:</b> To the Angels of the Church at Ephesus (Revelations 2: 1-7).....	17

# How to Use This Guide

The primary purpose of this Guide is to provide you with the following.

- A conceptual overview of Ephesians through the Table of Content.
- Background information on Ephesians from the English Standard Version Study Bible (copying this information is allowed when done for bible classes).
- The approximate pace of the two-quarter course on Ephesians, including an estimated start date for each chapter.
- A series of questions, for each chapter, designed to walk you through the chapter, verse by verse. The questions are organized by verses that are grouped conceptually.

A secondary purpose of the Guide is to help you prepare for class. The questions in this Guide are the questions that I will ask during class after reading the chapter. There will, of course, be some deviation based on what we learn from the answers and the class discussion that ensues. But in general, the questions in this Guide are an accurate preview of what is to come in class.

In short, the Guide is designed to help you prepare for class beforehand by reading the scheduled chapter and answering the questions.

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## 2019 Class Schedule (Approximate Pace)

Prologue: Acts 18-20: The Church at Ephesus.....	05/15
Ephesians Chapter 1.....	05/23
Ephesians Chapter 2.....	06/05
Ephesians Chapter 3.....	06/26
Ephesians Chapter 4.....	07/10
Ephesians Chapter 5.....	07/24
Ephesians Chapter 6.....	08/07
Epilogue: Revelations 2:1-7.....	08/15

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## Background

(Source: English Standard Version Study Bible)

### Ephesians: Author and Title

Pauline authorship of Ephesians was universally accepted until modern times. Today a number of scholars claim that it was written in Paul's name by an unknown follower or imitator of Paul, and they give two main reasons: (1) the letter's style and thought does not strike everyone as characteristically Pauline; and (2) the author of Ephesians does not seem to be familiar with the letter's recipients (see 1:15; 3:2; 4:21), which seems odd given Paul's extended stay at Ephesus (Acts 19:10).

However, there are sound reasons to affirm that Paul wrote Ephesians. First, the letter explicitly claims to be Paul's (1:1; 3:1), which should weigh heavily in the debate unless there is overwhelming evidence to the contrary. The early church—which rejected other spurious letters—unanimously accepted this letter to Ephesus as being written by Paul, and this was a city with a reputation for discernment regarding false apostolic claims (Rev. 2:2). Furthermore, letters in antiquity were usually transmitted through a person known by both author and recipient(s) who would have guaranteed the original copy's genuineness and elaborated on its details—see note on Ephesians 6:21–22 regarding Tychicus.

Second, analyses of an author's style are often subjectively based on incomplete evidence. With the aid of more sophisticated computer analysis, further careful study has shown that Ephesians has more similarities to Paul's accepted style than was earlier recognized. In addition, recent research suggests that the role of secretaries in the composition of ancient letters should be given greater consideration than it has been given in the past. Ephesians does indeed demonstrate close similarity with Paul's forms of expression and thought. Critics have used this evidence to ascribe authorship to someone Paul had influenced, but it is more likely that these marks of Pauline thought and writing style confirm that he himself wrote the book.

The question of Paul's apparent unfamiliarity with his readers can easily be explained. Ancient archaeological evidence has shown that Ephesus controlled a large network of outlying villages and rural areas up to 30 miles (48 km) from the city. Also, Acts 19:10 reveals that reports of Paul's preaching during his stay at Ephesus had radiated out to "all the residents of Asia." Hence, Paul would not have been personally acquainted with newer pockets of believers in the Ephesian villages and rural farms that had sprung up since his stay in the city a few years before the writing of this letter.

Moreover, many have suggested that Ephesians in its present form stems from the Ephesus copy of a circular letter to several Asian churches that Tychicus was delivering in the course of his journey to Colossae, along with the letter to the Colossians (Col. 4:7–9). Therefore, the absence of personal greetings is no cause for surprise.

Finally, it would be extraordinarily odd for someone to write so forcefully that his readers should "speak the truth" and "put away falsehood" (4:15, 25) in a letter he was deceptively forging! Consequently, it can be affirmed with good confidence that Paul wrote Ephesians. The title "to the Ephesians" is found in many early manuscripts (see note on 1:1). It indicates that the letter was written to the churches in Ephesus and the surrounding dependent region.

### Date

Because Paul mentions his imprisonment (3:1; 4:1; 6:20), this letter should be dated to c. A.D. 62 when Paul was held in Rome (Acts 28). Critics who date Ephesians later in the first century do so from doubts about Paul's authorship rather than from strong evidence against the earlier date.

### Theme

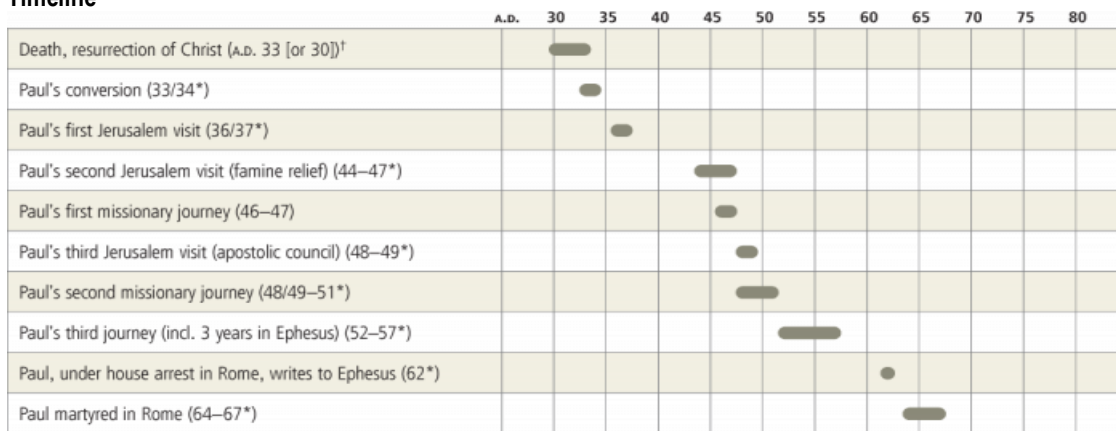
There are two main themes of Ephesians: (1) Christ has reconciled all creation to himself and to God, and (2) Christ has united people from all nations to himself and to one another in his church. These great deeds were accomplished through the powerful, sovereign, and free working of the triune God—Father, Son, and Holy Spirit—and are recognized and received by faith alone through his grace. In light of these great truths, Christians are to lead lives that are a fitting tribute of gratitude to their great Lord.

### Purpose, Occasion, and Background

There was no specific occasion or problem that inspired this letter, though Paul does mention that he desired the Ephesians to know how he was faring in confinement (6:21–22). Ephesians articulates general instruction in the truths of the cosmic redemptive work of God in Christ; the unity of the church among diverse peoples; and proper conduct in the church, the home, and the world. Unity and love in the bond of peace mark the work of the Savior as well as Christians' grateful response to his free grace in their lives.

Ancient Ephesus forms an appropriate background to the book of Ephesians because of this city's fascination with magic and the occult (see Acts 19:19, and below). This helps explain Paul's emphasis on the power of God over all heavenly authorities and on Christ's triumphant ascension as head over the church and over all things in this age and the next. The Ephesians needed to be reminded of these things in order to remain resolute in their allegiance to Christ as the supreme power in the world and in their lives.

## Timeline



\* denotes approximate date; / signifies either/or; † see *The Date of Jesus' Crucifixion*, pp. 1809–1810

## The Ancient City of Ephesus

An important port city on the west coast of Asia, Ephesus boasted the temple of Artemis (one of the Seven Wonders of the ancient world). Just a few decades before Paul, Strabo called Ephesus the greatest emporium in the province of Asia Minor (*Geography* 12.8.15; cf. 14.1.20–26). However, the silting up of the harbor and the ravages of earthquakes caused the abandonment of the harbor city several centuries later. Today, among the vast archaeological remains, some key structures date from the actual time of the NT.

The grandiose theater, where citizens chanted “great is Artemis of the Ephesians” (Acts 19:29–40), had been enlarged under Claudius near the time when Paul was in the city. It held an estimated 20,000 or more spectators. The theater looked west toward the port. From the theater a processional way led north toward the temple of Artemis. In the fourth century B.C. the Ephesians proudly rebuilt this huge temple with their own funds after a fire, even refusing aid from Alexander the Great. The temple surroundings were deemed an official “refuge” for those fearing vengeance, and they played a central part in the economic prosperity of the city, even acting at times like a bank. A eunuch priest served the goddess Artemis, assisted by virgin women. Today very little remains of that once great temple beyond its foundations and a sizable altar, although the nearby museum displays two large statues of Artemis discovered elsewhere in Ephesus.

Other archaeologically extant religious structures include a post-NT temple of Serapis and several important imperial cult temples. Before Paul's day, Ephesus had proudly obtained the right to host the Temple of the Divine Julius [Caesar] and the goddess Roma. The city later housed memorials to the emperors Trajan (A.D. 98–117) and Hadrian (A.D. 117–138); and it possessed a huge temple of Domitian (A.D. 81–96), which may have been constructed during the time the apostle John was in western Asia. Luke testifies to Jewish presence in Ephesus (Acts 18:19, 24; 19:1–10, 13–17), and this is confirmed by inscriptions and by literary sources (e.g., Josephus, *Against Apion* 2.39; *Jewish Antiquities* 14.262–264).

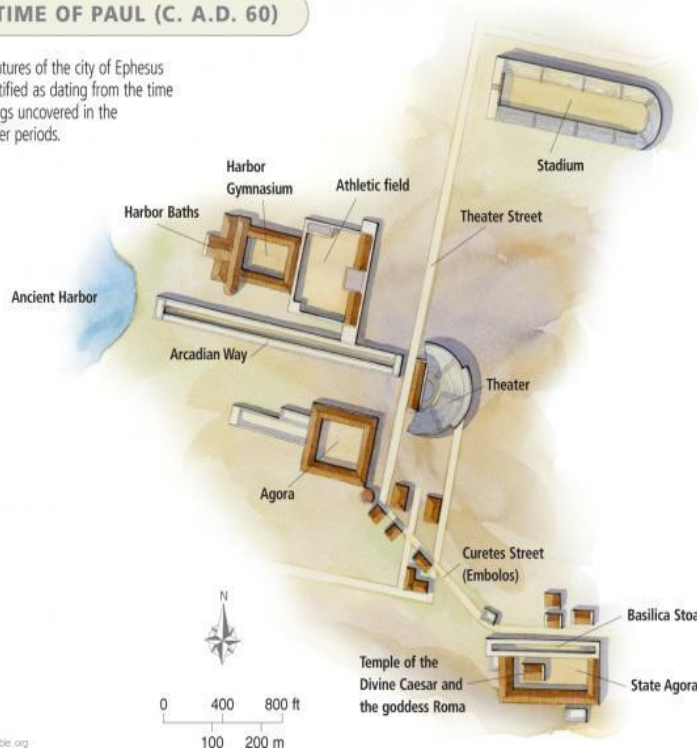
Civic structures during the time of Paul included the state agora (marketplace) with its stoa, basilica, and town hall. This spilled out onto Curetes Street, which contained several monuments to important citizens such as Pollio and Memmius. Curetes Street led to the commercial agora neighboring the theater; this large market square could be entered through the Mazaeus and Mithradates Gate (erected in honor of their patrons Caesar Augustus and Marcus Agrippa). Shops lined this agora and part of Curetes Street. A building across the street from the agora has frequently been called a brothel, although some have questioned this. On the way to the Artemis temple from the theater, one would have passed the huge stadium renovated or built under Nero (A.D. 54–68).

The wealth of some residents of Ephesus is apparent in the lavish terrace houses just off Curetes Street. Later inscriptions mention a guild of silversmiths and even give the names of specific silversmiths (cf. Demetrius the silversmith, mentioned in Acts 19:24). However, as in most Roman cities, many people would have been in the servant class, and others would not have claimed much wealth. By the end of the second century (after the NT period) many other monumental structures were added, including some important gymnasia and the famous Library of Celsus. Remains of the giant Byzantine Church of Mary remind one that this former pagan town later hosted an important church council (the Council of Ephesus, A.D. 431).  
Ephesus in the Time of Paul (c. A.D. 60)

The city plan shows those features of the city of Ephesus that archaeologists have so far identified as dating from the time of Paul. Many of the notable buildings uncovered in the excavation at Ephesus date from later periods.

## EPHESUS IN THE TIME OF PAUL (C. A.D. 60)

The city plan below shows those features of the city of Ephesus that archaeologists have so far identified as dating from the time of Paul. Many of the notable buildings uncovered in the excavation at Ephesus date from later periods.



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History of Salvation Summary  
Christians have experienced in Christ the salvation and blessings that God promised through the ages and look forward to the consummation of God's purposes in Christ. (For an explanation of the "History of Salvation," see the Overview of the Bible.)

### Literary Features

Ephesians exemplifies the genre of the NT epistle, with its salutation (including sender, recipients, and greeting), thanksgiving, exposition, exhortation, and closing (including final greetings and benediction). The main argument of the letter is punctuated by several prayers and an interior benediction (3:20–21) that marks the transition from doctrinal affirmations to practical exhortations. Chapter 2 takes the form of a spiritual biography,

in which Paul recounts the saving work of Christ in the life of every Christian, and especially in the lives of Gentiles who are now included in the one new people of God. In chapter 3 the apostle takes an autobiographical turn as he testifies about his calling to the Gentiles and his prayers for the Ephesian church. The *paraenesis* (series of moral exhortations) consists mainly of instructions for household conduct, both for the church as the household of faith and for individual believers in their domestic relationships. The famous description of the complete armor in the last chapter is an extended metaphor. Paul also catalogs the blessings of salvation in a lofty and exhilarating lyrical style.

Ephesians finds its central unity in the work of Jesus Christ and in the community of people (both Jews and Gentiles) who are corporately united in him. The strong opening statement of praise and the absence of any theological polemics make Ephesians pervasively positive in tone. The clear division of the epistle into two halves of nearly equal length (namely, the doctrinal section in chs. 1–3 and the practical section in chs. 4–6) also provides a strong sense of structural unity.

### The Setting of Ephesians. (c. A.D. 62)

Ephesus was a wealthy port city in the Roman province of Asia. It was a center of learning and was positioned near several key land routes in western Asia Minor. Paul probably wrote his letter to the Ephesians while under house arrest in Rome (Acts 28).



## Key Themes

<p>1. All people are by nature spiritually dead, transgressors of God’s law, and under the rule of Satan.</p>	<p><u>1:7; 2:1–3, 5, 11–12</u></p>
<p>2. God predestined his elect to redemption and holiness in Christ according to the free counsel of his will.</p>	<p><u>1:3–14; 2:4, 8–9</u></p>
<p>3. God’s rich mercy in Christ has saved sinners; this free gift is by grace through faith alone.</p>	<p><u>1:7–8; 2:4–14</u></p>
<p>4. Christ’s earthly work of redemption was part of his cosmic reconciliation and exaltation in this age and the next.</p>	<p><u>1:15–23; 3:1–13</u></p>
<p>5. Christ’s reconciliation entails uniting all people, whether Jew or Gentile, into his one body, the church, as a new creation.</p>	<p><u>1:23; 2:10–22; 3:1–21; 4:1–6</u></p>
<p>6. Christ’s people are renewed to new lives of holiness in thought, word, and deed, and must reject their old, sinful lifestyles.</p>	<p><u>4:1–3, 17–32; 5:1–20</u></p>
<p>7. Holiness of life entails submission to proper authorities and loving and considerate care for those in submission.</p>	<p><u>5:21–6:9</u></p>
<p>8. Christ has given powerful gifts to his church to bring about her unity, maturity, and defense against the onslaughts of the devil and his allies.</p>	<p><u>4:7–16; 6:10–19</u></p>

## Outline

- **Prologue** : Paul in Ephesus (Acts 18 – 20)
- Introduction (1:1–14)
  - Greetings (1:1–2)
  - Spiritual blessings in Christ (1:3–14)
- Paul’s Prayer of Thanksgiving (1:15–23)
- Salvation by Grace through Faith (2:1–10)
  - Hopelessness and helplessness without Christ (2:1–3)
  - Hope in Christ (2:4–10)
- Unity and the Peace of Christ (2:11–22)
  - Unity of Christ’s people (2:11–15)
  - Peace with God (2:16–18)
  - Implications of Christ’s peace (2:19–22)
- Revelation of the Gospel Mystery (3:1–13)
  - Paul’s apostolic ministry (3:1–7)
  - The mystery and wisdom (3:8–13)
- Paul’s Prayer for Strength and Insight (3:14–21)
- Unity of the Body of Christ (4:1–16)
  - Exhortation to unity (4:1–6)
  - The different gifts (4:7–10)
  - The gifts for edification of the church (4:11–16)
- Paul’s Testimony (4:17–24)
- Exhortation to an Edifying Lifestyle (4:25–32)
- New Life in Love (5:1–20)
  - Exhortation to self-sacrificial love (5:1–2)
  - Instruction in holy living (5:3–20)
- Submission to One Another (5:21–6:9)
  - Submission in general (5:21)
  - Wives and husbands (5:22–33)
  - Children and parents (6:1–4)
  - Slaves, bondservants, and masters (6:5–9)
- The Whole Armor of God (6:10–20)
  - The Lord’s strength (6:10–13)
  - Standing firm (6:14–17)
  - Being constant in prayer (6:18–20)
- Conclusion (6: 21–24)
- **Epilogue**: Revelation 2:1-7. To the Angel of the Church in Ephesus



## Prologue:

### The Church at Ephesus is Established

**Scriptures:** Acts 18:19-21, 24-28; Acts 19:1-41; Acts 20:15-38

#### Main Themes:

- ❖ Paul, Priscilla and Aquila in Ephesus (18:19-21)
- ❖ Apollos in Ephesus (18:24-28)
- ❖ Paul Returns to Ephesus (19:1-41)
  - Paul in Ephesus (19:1-10)
  - Sons of Sceva (19: 11-20)
  - Trouble for Paul in Ephesus (19:21-20:1)
- ❖ Paul Exhorts the Elders at Ephesus (20:15-38)

#### Questions to Ponder:

1. Why did Paul hasten his departure from Ephesus and who did he leave there in his place?
2. Who else came to Ephesus to preach, what was wrong with his teaching and what can we learn about how to correct wrong teaching?
3. Summarize the incident with the Sons of Sceva. How did the Ephesians react when they learned that these men were false?
4. What event happened in Ephesus that caused Paul to leave?
5. What are some key takeaways from Paul's exhortation to the elders in Ephesus?

#### Prologue Applications

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?

## Ephesians: Chapter 1

### Main Themes:

- ❖ Greetings (1:1–2)
- ❖ Spiritual Blessings in Christ (1:3–14)
- ❖ Paul's Prayer of Thanksgiving (1:15–23)

### Guiding Questions:

#### Verses 1-14:

1. Why was Paul an Apostle? (v1)
2. Who was Paul's primary audience for this letter? (v2)
3. What does Paul want them to know they have? (v3)
4. Why does Paul give praise to (blesses) God?
5. What are some of these Spiritual Blessings in Christ in vs. 4-10?
6. Let's look at verses 4-10 more closely:
  - a. Verse 4:
    - i. *When* did God choose us?
    - ii. *How* did God choose us?
    - iii. *Why* did God choose us?
  - b. Verse 5:
    - i. How did God make us his children and why?
  - c. Verses 6 and 7:
    - i. How does this bring praise to God?
  - d. Verse 8:
    - i. In what portion was God's Grace given?
  - e. Verse 9 and 10:
    - i. What did God want and planned to do in Christ?
    - ii. What did he plan to join together in Christ as the head? (Note: John 1; Genesis 28:12 [Angels ascending and descending])
7. What statement in verse 11 should give Christians high confidence in his will?
8. How does Paul describe these first century Christians (including himself) in verses 12 and 13?

9. Considering verses 13 and 14: What is the purpose of the Holy Spirit?

10. What does Paul mean in verse 14 when he talks about redemption/freedom?

### **Verses 15-23: Paul's Prayer**

11. Why did Paul remember the Ephesian Christians in Prayer? What were some of the things he prayed for? (Verses 17,18 and 19).

12. What points does Paul make to help the Ephesians understand God's power?

13. How important is Christ?

14. What is Christ?

### **Chapter 1 Applications**

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?

## Ephesians: Chapter 2

### Main Themes:

- ❖ Salvation by Grace through Faith (2:1–10)
  - Hopelessness and helplessness without Christ (2:1–3)
  - Hope in Christ (2:4–10)
- ❖ Unity and the Peace of Christ (2:11–22)
  - Unity of Christ's people (2:11–15)
  - Peace with God (2:16–18)
  - Implications of Christ's peace (2:19–22)

### Questions to Ponder:

1. How did Paul describe the Ephesians past spiritual life?
2. Does the description apply only to the Ephesians? Explain.
3. Why and how did God make us alive with Christ?
4. What does Paul mean in verse 6 that we have been raised with Him and seated us with Him in the heavenly places?
5. Why did God do this?
6. How were the Ephesians saved?
7. According to verses 8, 9, and 10, we are not saved as a result of works, but works do play a role in having a relationship with God. Explain. (hint: focus on verse 10)
8. Before being in Christ, what was the condition of the Gentile Christians in Ephesus, according to verses 11 and 12.
9. According to verse 13-17, how did this condition change?
10. According to verses 18-19, what were the benefits to both Jew and Gentile of Christ preaching the Gospel?
11. According to verses 20-22, what are some of the fundamental characteristics of God's household?

### Chapter 2 Applications

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?

## Ephesians: Chapter 3

### Main Themes:

- ❖ The revelation of the Gospel Mystery (3:1–13)
  - Paul’s apostolic ministry (3:1–7)
  - The mystery and wisdom (3:8–13)
- ❖ Paul’s Prayer for Strength and Insight (3:14–21)

### Questions to Ponder:

1. Who was Paul a prisoner of and why?
2. What are some of the main points or takeaways from verse 2-10? Specifically, what was the stewardship of God’s grace that was given to Paul by God
3. How did all that we previously discuss come about, according to verse 11?
4. Why did Paul ask the Ephesians not to lose heart at his tribulations? (Hint: See verse 13 and refer to verses 11 and 12)
5. Returning now to His eternal purpose, what insights do verses 15-17a provide?
6. What does “being rooted and grounded in love” enable us to comprehend?
7. According to Paul, what is God able to do for us?
8. What is the point of verse 21?

### Chapter 3 Applications

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?

## Ephesians: Chapter 4

### Main Themes

- ❖ Unity of the Body of Christ (4:1–16)
  - Exhortation to unity (4:1–6)
  - The different gifts (4:7–10)
  - The gifts for the edification of the church (4:11–16)
- ❖ Paul's Testimony (4:17–24)
- ❖ Exhortation to an Edifying Lifestyle (4:25–32)

### Questions to Ponder:

1. Under what circumstances and what requests did Paul make to the Ephesians?
2. How were the Ephesians called to walk?
3. According to verses 5-7, what is the unity of the Spirit?
4. What is the meaning of verse 8?
5. What are the tangible behaviors to get the context of a mature Christian? (see verse 13)
6. According to verse 16, how does the Church benefit from having spiritual maturity in Christ?
7. According to verses 17-19, how did the Gentiles walk and how did Paul admonish the Ephesians to walk?
8. Given how the Ephesians had learned Christ, how did he expect them to walk?
9. Related to this, do you see anything unusual (or interesting) in verse 21? (Hint: think John 17:17).
10. What happens to the Holy Spirit in us when we sin?
11. In verses 25-32, what are some of the Christian behaviors that Paul describes are associated with putting on a new self (or being a new creature)?

### Chapter 4 Applications

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?

## Ephesians: Chapter 5

### Main Themes:

- ❖ New Life in Love (5:1–20)
  - Exhortation to self-sacrificial love (5:1–2)
  - Instruction in holy living (5:3–20)
- ❖ Submission to One Another (5:21–6:9)
  - Submission in general (5:21)
  - Wives and husbands (5:22–33)

### Questions to Ponder:

1. Why should we try to be like God?
2. What does it mean to try to be like God in an overarching sense? (Hint: see verse 2)?
3. What does it mean to try to be like God more specifically, focusing on verses 3?
4. What is covetousness/greed associated with?
5. What sins mentioned here bring God's anger and therefore we should have no part of them?
6. What do verses 7 and 8 teach us about the behavior associated with being born again?
7. Today there is a lot of emphasis on lifelong learning? What should we as Christians be focused on learning (or "providing" as phrased in the KJV) for our lifetime?
8. What lesson is being taught by the contrast between darkness and light?
9. What should be our overall modus operandi or general attitude in daily life? Hint (verses 18-21)
10. Let's explore being subject to one another.
  - a. Draw chart of Husband, Wife, Church
  - b. Ultimately, what should the husband and wife relationship look like or how should it be described?

### Chapter 5 Applications

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?

## Ephesians: Chapter 6

### Main Themes:

- ❖ Submission to One Another (continued) (6:1–6:9)
  - Children and parents (6:1–4)
  - Slaves, bondservants, and masters (6:5–9)
- ❖ The Whole Armor of God (6:10–20)
  - The Lord's strength (6:10–13)
  - Standing firm (6:14–17)
  - Being constant in prayer (6:18–20)
- ❖ Conclusion (6:21–24)

### Questions to Ponder:

1. Continuing with this idea of subjection or obedience what are each of the following supposed to do?
  - a. Children
  - b. Fathers
  - c. Slaves
  - d. Masters
2. What are some of the messages in verses 10-13?
3. What is the armor of God?
4. What do verses 19-24 teach us about Paul's attitude and spiritual leadership?

### Chapter 6 Applications

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?



**Epilogue: Revelations 2: 1-7**  
**To the Angel of the Church at Ephesus**

- ❖ To the Church at Ephesus (2:1-7)
  - Strengths and Praise (2:1-3, 6)
  - Weakness and Warning (2:4-5)
  - Warning to all (2:7)

**Questions to Ponder:**

1. What are “good works” the Ephesians are being commended for?
2. Was this enough to secure their salvation?
3. What was still missing?
4. What would be their reward for repenting and changing their heart?
5. Does doing good works = doing God’s will?

**Epilogue Applications**

When you consider what was covered in the Chapter, list two lessons you learned and how these lessons can be applied to daily living?